



Crowe Lake Waterway Association

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2020-2021

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Crowe Lake Waterway Association, P.O. Box 192, Marmora, Ontario K0K 2M0

www.clwa.ca

Are You Aware.

Havelock-Belmont-Methuen has been approached by interested parties to develop a five-county Energy-From-Waste (EFW) incineration site at the Drain Brothers Kawartha Ethanol Property? Hastings and Prince Edward County Planning was also presented Feb 16th. The site would take waste from City of Kawartha Lakes, Peterborough city and county, Northumberland, Hastings and Prince Edward counties as well as Belleville and Quinte West. This is the same property that investigated and was denied a site for contaminated soil reclamation a number of years ago. CLWA was opposed to the reclamation site as it sits adjacent to Plato Creek which flows into the north west end of Crowe Lake.

Fishing Fun!



For those of us fortunate enough to grow up along the shores of Crowe Lake, there have many, many fond memories of fishing. The love of this ageless sport – whether it's catch and release or it's for dinner – was instilled in many by their parents and grandparents. Whether it was the small fry perch and prickly sunfish (you quickly learn to use gloves when taking a sunfish off the hook!), or the majestic splash of the mighty bass or pickerel on the end of the line...this is a timeless tradition for

many of us who quickly became 'hooked'.

Continued on pg 4...

Spring

Crowe Lake Matters

2021



President's Message - Jim Nichol

Spring, membership renewal and vaccinations will be arriving this month. It is with relief we will see more people safely back at the lake, the ice gone and the grass green.

This edition is full of information on the recycling in Marmora, spring growth, our disappearing butterflies, potential Energy from Waste project, Seasonal Hydro rate increases, Trilliums and a tasty rhubarb recipe. We enjoy sharing articles from a multitude of contributors.

With a number of pending issues around the lake, it is increasingly important to keep ALL waterfront property owners aware of events. Please renew your membership to ensure our Association has the clout behind us to make a difference when we fight for the preservation of your clean lake and rivers. Encourage your neighbours to join our Association! Municipalities and politicians sit up and notice when we have strength in numbers. Extra copies of our membership form can be found on our website: <http://clwa.ca/membership>

Our local businesses and the Campbellford Memorial Hospital have struggled throughout this pandemic. Please support them however possible as we need their survival.

Please don't hesitate to contact Crowe Lake Waterway Association at info@clwa.ca regarding anything pertaining to our waterway. Your voice is important. Be safe, wash your hands, practice social distancing and we will all celebrate the coming of Spring on Crowe Lake. - Jim



The Centre and South Hastings Waste Services Board, operating as Quinte Waste Solutions is a nonprofit organization responsible for the blue box recycling program as well as several other waste diversion services in the Quinte region. Formed in 1990 the Board is made up of the City of Belleville; the City of Quinte West; Prince Edward County; Marmora and Lake; Stirling Rawdon; Tweed; Centre Hastings, Madoc Township; and Tyendinaga. Program funding comes from the sale of recyclables recovered at the Board owned Material Recovery Facility (MRF) in Quinte West; monies from "producers" who are responsible for generating the products in the first place, and the balance comes from residential taxes based on the municipalities portion of the tonnages collected. Presently the producers are required to pay 50% of program costs but due to calculation methods that often benefit the producers the funding is typically closer to 35%.

Quinte Waste Solutions has long been an innovator in the recycling industry and has received numerous awards for innovative ideas. In 2020 they received a Sustainability Business of the year award as well as a Leader in Sustainability award. Quinte's recycling program is a provincial leader in the number of materials accepted as a result of effort to locate as many material markets as possible. Much of what we recycle in our area helped set a standard for other provincial programs. Following the

Spring

Happy Spring

2021

upcoming transition to full producer responsibility, Quinte Waste Solutions is likely to continue operating either in an administrative capacity for the new producer funded program and/or to provide recycling services in areas producers will not.

In 2016 the Liberal Provincial Gov. passed the Resource Recovery and Circular Economy Act which would include an updated Blue Box Recycling Regulation. The new Regulation would require producers to take full responsibility for recycling their products after use. The development of the regulation has gone through much public and stakeholder consultation and is nearly finalized. Based on a draft of the regulation, transition from the current model into full producer responsibility is slated to occur between 2023 and 2025. Quinte Waste Solutions Blue Box program is currently scheduled to transition in 2025 but this cannot be confirmed without a finalized regulation. Other waste diversion programs such as hazardous waste; used batteries; tires and automotive materials are being transitioned separately.

Residents who are new to the Quinte area are often confused as to what items are recyclable. Each municipal recycler operates differently because the provincial mandate includes a small list of required product classes and a larger list of optional classes leaving room for programs to differ regionally. Any material classes outside of the required list are collected due to the availability of a market. Effectively, recycling only works when there is a buyer for the material once it is collected and processed. Due to factors such as a reduction in global markets (think China and India), the fact that virgin material is typically cheaper than recycled material and no legislated requirement for producers to use recycled material in new products the available markets have been limited. If markets become unavailable as a result of any of these factors, material that could once be accepted becomes garbage. A more recent challenge has resulted from companies claiming their products are recyclable but due to size or composition they cannot be processed by existing municipal programs. Issues range from waxy coatings that cannot be easily separated from fast food cups to container sizes that are too small to be caught by hand sorted processing lines. Some products that would otherwise be recyclable can arrive soiled or covered in food which compromises their value to an interested market. During the Pandemic, a specific challenge is the misconception that used tissues and paper towel are recyclable. This material could pass illness on to collection and processing staff and has no marketable value. The collection drivers and sort staff regularly contend with used needles, medical waste and other dangerous materials which is why the consideration of our residents and regular communication is paramount.



In 2020 our recycling program was responsible for diverting 10,772 tons from landfill. A further 285 tons of hazardous waste was safely disposed of. These programs contribute to the protection of the local environment, provide a resource for new products and cost \$34.86 per household annually or \$0.67 per week. Quinte Waste Solutions provides a combination of collection services both at curbside and at local transfer stations and depots. Use of the program approved blue boxes is preferred to clear bags as it eliminates the added material of a clear bag. Bags also create processing issues as they get caught in machinery and increase the possibility of dangerous materials injuring sort staff at the recycling facility. Blue boxes are available from Quinte Waste Solutions or the municipality for a nominal cost; and can be exchanged at no cost if they become damaged.



For more information, visit the web site "quinterecycling.org"

Thank you for recycling.

Mike Stevens

Chair, Centre and South Hastings Waste Services Board

-with great technical help from Dan Miller Transition Manager Quinte Waste Solutions



Fishing Fun!

Continued from pg1...

That is what prompts the writing of this article. There is a realization that what many of us grew up with as children is not readily available to many other children these days. Families living in the cities don't necessarily have the opportunities – or the financial means – to buy a cottage or a recreational property on a lake or river; real estate prices have simply pushed this dream out of reach for many. There will be entire generations of children, and families, who will never know the thrill of the tug on the hook, the splash of the water, when you



catch that elusive fish. These experiences are irreplaceable: incredible, quality time spent with family members, relaxing and leaving all your worries

on the shore as you slide along the water's surface, watching the incredible sunrises and sunsets nature provides us with on the Crowe while fishing the waters of the lake.

Helping families come to experience fishing, and all the fun that comes along with it, at Crowe Lake, is indeed both an honour and a privilege. Watching the young children grow up, we knew that they should all learn how to fish. They learned quickly how to duck when the snap of the fishing rod may have been too close from a nearby sibling. The required lifejacket, even when fishing from shore, was standard gear. Learning how to find worms under rocks – you provided your own bait if you wanted to fish. All these were simply the norm for myself growing up, and now as a parent and grandparent I realize how easily these skills can be lost.



children, and the next generation, to the sport.

CLWA has contributed in the past to local fishing derbies as well. A common goal is to have fishing become a fun family affair – parents teaching their little ones how to get that wiggly worm on a hook, how to gently unhook that little perch, how to carefully return the fish to the water for another day.

Chris's Live Bait is an integral partner for two annual fishing derbies on Crowe Lake, and many of us are proud to support our local business in this way.

We encourage everyone to help with the initiative of

reducing the pike population in Crowe Lake.

Chris' Live Bait hosts two annual 'Catch N Keep' Pike

fishing derbies – if you can, please participate!

We all enjoy listening to the story of 'the one that got away', watching as the fish grows a bit longer each time the tale is told. Teaching a child how to fish introduces them to a pastime that should not be forgotten.

These are the memories that many of us share, and that are treasured in my heart, which I have my father to thank for. And now I get to watch my grandchildren create their own fishing stories...tales for many campfires to come.

-Ruth Berger



Spring

Time to Fish?

2021

Membership Renewal Challenge and Commitment



Challenging Times:

We'll start the 2021 Membership Renewal drive in a few weeks. Doing this at a time of the Covid pandemic, the seemingly ever-changing Stay at Home directives, and the closed US-Canada Border is definitely a Challenge. In 2020, CLWA had to rethink everything we had traditionally done. Our Canada Day activities, our AGM, our new Members Only Fishing Derby - all became victims of the times. Membership in 2020 was 163 paid members, a significant drop from the approximately 200 average for the 4 prior years. We had 2 new members, instead of our average of 20. The Challenge for CLWA in 2021 is to overcome 2020's problems.

Commitment:

This is why I am confident we can manage the Challenge. Members renewed in 2020 at a rate of 80%, a decrease but still a pretty good level. Members continued to make generous contributions to CLWA Programs. We have new members on the Executive Board. The CLWA Newsletter has a new look and more people involved. And, I know the level of Commitment in CLWA members.

- Ritch Smith

As We Get Older

Daniel J. Levitin, cognitive psychologist, neuroscientist and author of Successful Aging states the principal to lifetime brain health is to practice **COACH**:

- **C**urious about the world and the people in it; stay
- **O**pen to new experiences; maintain active
- **A**ssociations with people (make new friends and keep the old ones you have); be
- **C**onscientious about your health – see a doctor regularly; practice
- **H**ealthy lifestyle like a balance, varied diet and good sleep hygiene.

<https://Canada.ca> search "aging seniors" for more suggestions

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2021



Very Important Note for Seasonal Class Hydro Customers

With permission to reprint from the Balsam Lake Coalition, Nicholas Copes and Robert Nixon wrote in a January 27th, 2021 letter to their members:

You may be aware that Hydro One's (H1) delivery rates for Seasonal Class (SC) customers, (most Ontario cottage owners) are currently under review by the Ontario Energy Board (OEB). Recently there has been some misinformation circulated, to the effect that if the SC were eliminated, Hydro rates would double for 80,000 SC customers. We believe some clarification is in order.

H1 has 3 residential rate groups that are determined based on density zones i.e. Urban - UR, Rural -R1 and Remote- R2, & 1 special customer group called Seasonal Class (SC) which is not determined by a density zone but rather on criteria such as how many nights one sleeps in their cottage per year & how many houses they own etc. All SC customers are located within the 3 residential zones & therefore are situated in many cases next door to permanent residents who have significantly lower delivery rates for the same amount of power. Most cottage owners fall into the SC category. Today, SC rates are up to twice the rates for permanent residents in R1, R2 & UR density zones & well above H1's costs to service them.

The Balsam Lake Coalition (BLC) is an intervenor group at the OEB and has argued against this unfair rate structure for 9-10 years. In March 2015 the OEB agreed with BLC and ordered H1 to eliminate the SC & move the customers to their respective, residential density zones. H1 has used a variety of procedural arguments & tactics to delay implementation of OEB's elimination order until the present day (over 5 years). The OEB has proposed to hear input, at a future hearing, from all interested

parties for the final outcome and/or elimination of the SC. BLC will continue to advocate for fair & equitable rates for all SC customers. Be informed- contact the OEB or BLC for further information.

OEB: tel.- 1-877-632-2727; 416-314-2455;

Email – publicinformation@oeb.ca

BLC:

Email – balsamlakecoalition@gmail.com

Visit our website:

<http://balsamlakecoalition.blogspot.com/>

The Federation of Ontario Cottagers Association (FOCA) has also launched a campaign to oppose the elimination of the Electricity Seasonal Rate Class that was ordered by the Ontario Energy Board in October 2020.

Please see our website: <http://clwa.ca> for a link to FOCA where they have templates to look up your seasonal MPP and online software to automatically send an email to our cottage country MPP. It will be quick and easy – and IMPORTANT!



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Crowe Lake Waterway Association is a long-time member of the Federation of Ontario Cottager's Association's (FOCA).

The "Elert" is FOCA's free monthly e-newsletter, filled with cottage country updates on waterfront living, environmental and policy developments, and so much more. Subscribe to the free FOCA Elert, today: <https://bit.ly/FOCAelert50>

We're here for you.

Life on the lake is good. Sharing fun times with family and friends or relaxing on the deck on a summer's day. It's comforting to know Campbellford Memorial Hospital is just a short distance from the lake when something unexpected happens.



Cottagers Care Program

Every Summer, the number of visits to CMH's Emergency Department increases dramatically compared to other seasons. Cottagers and tourists drive the upswing. So now we need your help to create an upswing in cottager donations to CMH.

VISIT givetocmh.ca to register for 3 years of caring today!

Do you know government funding does not cover the cost of new equipment at the hospital? Donor support ensures our staff have the life-saving and comfort-giving tools available when they need to help you. **Please donate to CMH!**

We're counting on you - and thank you for caring about CMH just as we will keep caring for you, your family and your guests when you need us.



146 Oliver Road, Campbellford ON • 705-632-2014
foundation@cmh.ca • givetocmh.ca

Buoys

Volunteer Jeff Alderson will be placing Rocks & Shoals markers in the lake around the May 24th weekend.

Disclaimer: The Crowe Lake Waterway Association (CLWA) assumes no responsibility for the accuracy or completeness of these or other hazard markers. Their installation and maintenance is solely an assist to safe boating. Boaters are still required to exercise caution in respect to water depth and unforeseen hazards.

Spring

Visit the CLWA Facebook Page

2021

Adult Summer Reading Recommendations

Last Summer – Holly Chamberlin

Paddy Clarke Ha Ha Ha – Roddy Doyle – This one is a hoot! See Paddy's world from the perspective of a 10-year-old.

Faithful Place – Tana French – One of her best! Suspense, lost love, and a gripping tale.

Love the One You're With – Emily Griffin – Every wonder what would happen if you ran into an old boyfriend? Did you marry the marry the wrong man?

The Crossing Places – Elly Griffiths – The first book in her Ruth Galloway series. Great mystery without the sex and gore.

The Divine Ryans – Wayne Johnston – A rather eccentric family in Newfoundland. Great writing with a sense of humour.

The Poisonwood Bible – Barbara Kingsolver – A tale with a sustained level of suspense. A family in Africa presents their story from multiple perspectives.

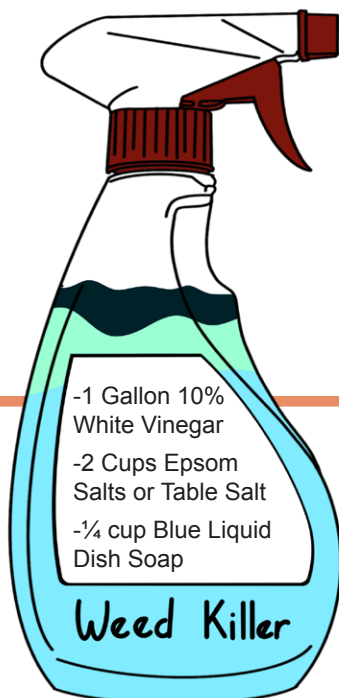
Let's Pretend This Never Happened – Jenny Lawson – One of the funniest books around. Laugh out loud with the voice of Jenny leaping off the pages.

Me Before You – Jojo Moyes – Love and humour meet difficult choices as Louisa begins her journey as a personal care giver.

Still Life – Louise Penny – The first in a series of murder mysteries. Extremely well written with a focus on small town life in Quebec.

The Stone Carvers – Jane Urquhart – Fiction with an eye to World War I and Vimy ridge. Great coming together of stories and characters over time.

-Kathy Farrell, Marmora Librarian



Pour ingredients into a spray bottle. Shake until combined. Weed must be dry – no early morning dew – to be successful. Let settle for 2 minutes then spray weeds. Soak the entire weed with solution. Let sit to dry. Repeat following day if necessary.

Thanks to Shirley Kidd at Broadbent Home Hardware


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Dave Eason



Dave Eason, a long time resident living on Crowe River recently passed on. Dave was one of CLWA'S earliest and very dependable "placer" of safety buoys that mark the various rocks and shoals found in the lake.

Until health issues a number of years ago forced him to "retire" from this critical job, Dave could regularly be seen doing his tour around the lake checking, repairing or replacing missing markers.

CLWA was fortunate and remains very thankful for the many years of service that Dave provided during the early years.

As Dave starts his next journey, we say, "keep your pole in the water and may the biggest fish find your line".



Embedded fishhooks! Allergies to insect stings! Sprained ankles and broken bones! Heart attacks!

Every year our area sees tens of thousands of cottagers and tourists coming to visit, relax and stay. And every year, many of them end up in our ER. We welcome all temporary residents and are happy to fix up the ones who need us, but just like a cottage road requires critical repairs with additional volume, so does Campbellford Memorial Hospital (CMH) and the patient equipment we use.

The need for new and replacement equipment at CMH is greater than ever. The hospital has a lengthy list of high priority equipment, all of which ensures we can continue to provide exceptional patient care when and where it's needed.

Partial List of CMH Current Patient Needs:

- Cardiac Telemetry Monitoring System - \$500,000
- Stretcher (Emergency Department) - \$6,000
- Bariatric Bed (In-Patient Unit) - \$20,000
- Defibrillators (In-Patient Unit/Emergency) - \$25,000
- Slit Lamp (Emergency) - \$10,000
- Hematology Analyzer (Laboratory) - \$80,000
- Colonoscope (Surgical) - \$35,000
- Annual Information Technology Upgrades (IT) – \$100,000
- Clinical Information System Annual Support (IT) – \$500,000 /Year for 5 Years)

Please go to <https://givetocmh.ca> to see how you can help.

For more information call CMH Foundation Executive Director John Russell at 705-632-2014 or jrussell@cmh.ca



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Spring

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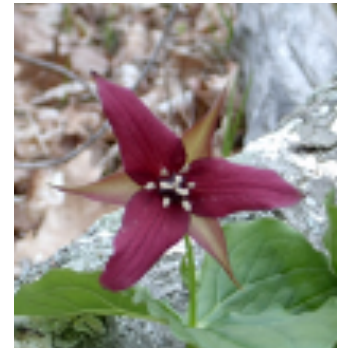
2021

Trilliums are Heralds of Springtime



Designated the provincial emblem of Ontario in 1937, Trilliums grow from a short rhizome in early spring before trees show leaves. There are five native trillium species found in Ontario — the white trillium, red trillium, painted trillium, nodding trillium, and drooping trillium — but only the latter found in South West Ontario is protected and is endangered. The adoption of the Ontario Trillium grew out of a need for a floral tribute to plant on gravesites of WWI servicepersons buried overseas.

Trilliums are perennial and slow growers, taking seven to ten years to show large blossoms. In 2009, former Peterborough-Kawartha MPP and rural affairs minister Jeff Leal, introduced a Private Members Bill in the Ontario legislature that would have made it illegal to injure the common White Trillium in any way. The bill passed first reading but never became law. While it is not illegal to pick a Trillium, once picked, the plant will never flower again. The seeds of the Trillium, found in the red berry of the mature flower, is distributed by ants. White Trilliums are a favourite food of White Tail Deer.



GINGERED RHUBARB CRISP (WILLIAMS-SONOMA: NEW FLAVORS)

Ingredients

1 ½ lbs rhubarb stalks	½ cup quick-cooking oats
3 oranges	½ tsp ground cinnamon
One 3" fresh ginger, peeled and grated	¼ tsp salt
1 ½ cup all-purpose flour	6 tbsp butter, melted
¾ cup light brown sugar	Yogurt, Vanilla Ice Cream or Whipped Cream

Directions

- Preheat oven to 375 f.
- Cut rhubarb into ¼" slices and place in a 13" x 9" baking dish.
- Finely grate the zest from 1 of the oranges to cover the rhubarb.
- Squeeze 2/3 cup juice from oranges and add to the dish along with the granulated sugar.
- Toss the rhubarb mixture with a spoon, then spread it out evenly in the baking dish.
- In a bowl, combine the ginger, flour, brown sugar, oats, cinnamon and salt.
- Blend and then stir in the melted butter.
- Sprinkle the oat mixture over the rhubarb and bake for 15 minutes.
- Loosely cover the baking dish with foil and continue to bake until topping is brown and juices are thick and bubbling around the edges – about 15-20 minutes.
- Remove from oven and let the crisp cool, uncovered, on a wire rack for at least 20 minutes.

Spoon the warm crisp into bowls:
For breakfast, serve topped with Yogurt and enjoy on the dock with a coffee!
For dessert, serve topped with Vanilla Ice Cream or Whipped Cream!
Fresh rhubarb can be found at Havelock (Friday) Farmer's Markets

Spring

Visit us at CLWA.ca

2021



Help Save our Monarch Butterflies

Monarch butterflies are seeing a drastic 90% reduction in numbers since the 1990's partially due to habitat loss, pesticides (killing both the Monarch and milkweed), and climate change which alters the timing of their migration. You can help by planting a pesticide-free Monarch habitat garden filled with native milkweed and nectar plants such as Bee Balm, Angelica (Queen Anne's Lace), Yarrow, Phlox, Verbena, Black Eyed Susan, Coneflower and Sunflowers.

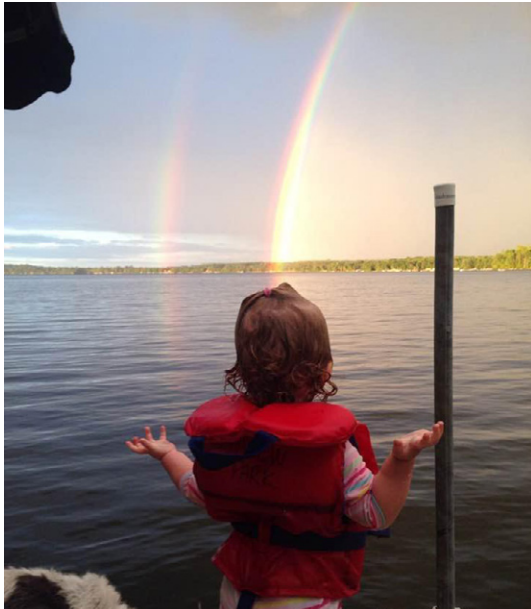
Take a photo of the Monarch butterflies that are attracted to your lakeside garden and enter it into our annual photo contest!



Male Butterfly photo by: Derek Ramsey/derekramsey.com



Female Monarch Butterfly- Kendra Savard



Wishing for a better Summer

DANDELION FACTS:

Dandelions are NOT weeds,

but are from the same family as sunflowers.

A Dandelion Seed can travel up to 5 miles before it lands.

Every part of the dandelion is edible.

1 cup of dandelion greens = 535% of your daily recommended vitamin K and 112% of vitamin A.

Up until the 1800's, dandelions were seen as extremely beneficial. People would remove grass to plant dandelions!



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Have a Great Spring

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